



## HOW TO.... CREATE A LITTER-FREE PURBECK CIGARETTE JAM JAR



### WHAT IS IT?

The cigarette jam jar was created initially by local community group, Litter-Free Purbeck.

In order to display how big the cigarette butt issue is, they collected, dried out, and stored cigarette butts.

By counting them when putting them in, you are then also able to have a 'Guess the Number of Butts' game for various events.

### STEP 1 COLLECT CIGARETTE BUTTS

Try talking to your local pub or anywhere that already allows smoking on the premises.

They may be able to provide you with cigarette butts.

**CAUTION** - Cigarette butts contain chemicals harmful to health, and precaution should be taken e.g. wearing a mask and rubber gloves.



### STEP 2 DRY CIGARETTE BUTTS

In order to reduce the smell from the cigarette butts, we suggest drying them out.

This is best done outside.



### STEP 3 COUNT CIGARETTE BUTTS

Be sure to count the cigarette butts as you put them into a jam jar (one like a Kilner jar works perfectly).

By putting some silicone pouches (like you get in packaging) this will help absorb any extra smell and moisture.



### STEP 4 SHOW OFF YOUR BUTTS!

The jar is a great way to show people how many cigarette butts get dropped, in your location, and acts as a conversation starter.

You can also have a 'Guess the Number of Butts' game, and give a CPRE stubby pack (portable ashtray) to all those that take part, and a larger prize for the winner.



You can get in contact with Litter Free Dorset via:



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