

# TOOLKIT

Off on your holidays, popping down the park with the dog or heading to the shops? Want to reduce your waste when you're out and about? Here are some quick tips and reminders.

## Be Litter Free On-the-Go

### REUSE, REFUSE AND REFILL



#### ✓ REUSE

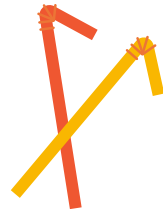
Bring along your reusable shopping bag, coffee cup and cutlery when out and about! An estimated 2.5 billion cups are thrown away in the UK every year, carrying a reusable coffee cup around with you will help reduce this unnecessary waste. Also did you know lots of cafes now give money off for you using your reusable coffee cup? Kerching!

#### ✓ BOOMERANG BAGS

A new craze is hitting our highstreets! Boomerang bags is an initiative where shoppers can borrow reusable bags which are made out of recycled material and take them back next time there in town: [www.facebook.com/BoomerangBagsDorset/](https://www.facebook.com/BoomerangBagsDorset/)

#### ✓ REFUSE

Straws, stirrers and sauce sachets – try to say that fast! Pointless? Yes, that's exactly what these little bits of plastic are. Thanks, but no thanks! Plastic straws and stirrers will be banned in England from April 2020 as part of plans designed to drastically reduce plastic waste. Yippee! **#pointlessplastic**



#### ✓ REFILL

In the UK over 35.8 million bottles are consumed each day, with 16 million of these failing to reach plastic recycling facilities. How about making a resolution today to always refill your water bottle? The **#refill** scheme is super handy as it shows you which cafes and shops will refill your water bottle in Dorset. Can't see a refill sticker? Just ask!



## Be Litter Free On-the-Go



### REMEMBER

#### ✓ BIN YOUR BUTT

Dispose of your cigarette butts in a cigarette bin or by using a portable ashtray. The chemicals found in one cigarette butt can leach out and contaminate approximately 7.5 litres of water within one hour. This contaminated water is lethal to aquatic life. Cigarette butts can also start fires on heathland which is becoming an increasing issue as our Summers warm up. **So... Don't be a Tos5er! Bin Your Butt!**



#### ✓ LOVE YOUR VERGE

Use a bin to dispose of your rubbish or even better take your rubbish home to recycle! Our roadside verges are sanctuaries for wildflowers, pollinating insects, reptiles, amphibians and small mammals. They also provide essential green corridors for which these species disperse. **#LoveYourVerge**

#### ✓ BAG IT AND BIN IT

Always pick up your dog's poo! You may have heard people say 'It's only the same as cow or horse manure' – well no it isn't. Dog faeces is much more dangerous and can, for example, cause toxocariasis which can cause damage to the eye and, in some cases, blindness. Useless your dog has fingers, thumbs and the ability to tie up a dog poo bag. **Bag It and Bin It!**

