







Single Use Plastic (SUP) Audit and Action Plan

Business name:

Date:

Action: Reduce unnecessary single use plastic today! Whether you are a business, a charity or a town council, please use this audit and action plan as a guide to help you make the changes needed to reduce SUP.

Impact: SUP is a big problem for the environment even before it pollutes our rivers and oceans, as chemicals derived from fossil fuel production are used to make almost all plastics. Reducing just a couple of SUP items can make a big difference to the carbon footprint of your business.

Contents

- ✓ Instructions
- ✓ Single Use Plastic Audit
- √ Single Use Plastic Action Plan











Instructions:

Remember, this audit is not about the stock you sell, it is about how you run your business.

For example: If you work in a shop, you do not need to count any SUP bottles you sell but you would count any SUP used by staff or within your business, e.g. cleaning products & kitchen supplies

- Go through the list below and see if any of the SUP items are present in your business. Remember to look in fridges, cupboards, staff areas and your recycling bin too!
- You can complete the audit over any time scale you would like, but we think a week gives you a good indication of how much SUP is present in your business.
- We have left some spaces for you to write any additional SUP items you find.
- After you complete your audit and action plan, it's time to create a SUP policy for your business. This is available to download from Litter Free Dorset website!
- Display your policy in your workplace to encourage all staff members to try and reduce SUP.













This audit is to capture data on SUP usage within the: staffroom / office / kitchen / workplace over a period of a day / week / month (circle which applies)

Food & Drink	
Plastic Water Bottles	
Plastic Juice Bottles	
Plastic Milk	
Containers	
Plastic Water Cups	
Plastic Coffee Cups	
Plastic Cup Holders	
Plastic Stirrers	
Plastic Cutlery	
Food in plastic (e.g.	
fruit, salad, pasta)	
Plastic Straws	
Plastic Bags	

Cling Film	
Cleaning	
Disposable Gloves	
Wet Wipes	
SUP bottles for	
cleaning products	
Bin Bags	
Hand Sanitiser	
Sponges	
Other	
Printer Cartridges	
(single use)	
Balloons	
Loo roll wrapped in	
plastic	

Laminated posters	
Tea bags	
(containing plastic)	
Pens	
Plastic sleeves	
Plastic envelopes /	
jiffy bags	
Plastic sticky tape	
Bubble wrap	
Pens	

Are you recycling?	
Mixed Recycling	
Food Waste	
Crisp Packets and	
other soft plastics	
Batteries	













Additional Findings

- Are there any SUP items which are creating a large amount of waste in your business?
- Are there any big changes you could make to reduce this?
- Are there actions already being taken to reduce SUP?
- Is there anyone already working to reduce SUP in your organisation?
- If yes, what support could you give them? If not, appoint someone!
- Does your supply chain deliver you a lot of SUP?
- If yes, can you work with your suppliers to reduce this, or change supplier?
- Check out our packaging guide for handy tips!













Single Use Plastic Action Plan

Business name:

Date:

Key Objective: Reduce the use of single-use plastics as well as work towards finding positive solutions for reducing unnecessary waste.

Item	Avoidable?	Further action and comments
Copy the items from your SUP audit.	Yes/no	Will you be removing this item, reducing and/or replacing?
e.g. plastic milk bottles	yes	Reducing and replacing. There are currently several SUP milk bottles in the fridge. We will start a rota to take turns to bring in a communal glass bottle of milk. Cheaper and less waste!



Item



Copy the items from your SUP audit.





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Avoidable?	Further action and comments			
	Will you be removing this item, reducing and/or replacing?			
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