COMMUNITY LITTER PICK SAFETY TALK

All volunteers must hear this talk

Please follow the script and checklist below to ensure everyone stays safe at your event.

Thank you for coming. Today we will be cleaning-up... [state the desired boundaries for the clean-up]

Introduce all the people with key roles today:

- Pick Leader
- First Aider

Please stay with your team throughout the clean-up

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Ask the volunteers to work in groups of two or three and not to work alone

Make sure you wear strong footwear [no sandals in summer] and suitable clothing [warm clothes in winter, sun hats and sun cream in summer]

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Do not pick or scoop up litter with your bare hands - it could contain broken glass, fish hooks or hypodermic needles

If you find a sharps e.g. hypodermic needles please leave it and alert the group leader — They will need to report it to a Beach Officer or ring Dorset Waste Services 01305 221040. You can also report broken glass this way too

"Broken Glass should only be handled by someone with heavy duty gloves on and put into separate strong container. If in doubt leave it and report it"

"Please wear the protective gloves at all times."

> "Do not to touch any animals" (dead or alive)



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Use litter pickers to pick up litter if it is hidden in bushes. Do not put your hands into any material where you cannot see exactly what is there as there may be sharps

Leave any unbagged nappies and dog faeces. Volunteers are welcome to pick up bagged dog faeces and nappies but only if they feel comfortable to do so

If volunteers come across anything hazardous such as sealed containers or drums, bombs and explosives, or anything with the words "Hazardous" written on it. Do not touch and report it to the police.

Please do not overfill the bags because you will need to carry them back to the collection point at the end of the clean up. Take spare bags with you

When lifting:

- Keep knees bent in the crouch position
- Get a firm grip on the load
- Always lift with your back straight, using your legs
- Don't walk backwards or run with a load
- Stop work if you feel a strain

Please leave your bags of rubbish at --

[State the collection point agreed with Council]

"Cover any existing cuts or any that you get during the event" (You can use a

"Always wash hands

before eating and

drinking

In the event of an emergency please alert the team leader or first aider

If you are feeling unwell at any point, if you have an accident or witness an accident please notify the first aider and event leader immediately

We will meet back here at -- [state desired finishing time for the event

IF IN DOUBT DON'T PICK IT UP **KEEP YOUR EYES PEELED FOR ANY RISKS. FINALLY, PLEASE ENJOY YOUR PICK!**

LITTER FREE DORSET LAND, COAST & SEA

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first aid kit for this).